## 读后续写背诵素材

## 情绪和心理描写

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# 第一部分 积累篇

# Part1恐惧

1. At the sight of the ferocious wolf, I felt so scared that **my throat tightened and my knees felt weak**.(嗓子发紧，膝盖发软)

2. At the sight of the ferocious wolf, I **froze with terror**, **too scared to move an inch**. (吓呆了，不敢动弹)

1. At the sight of the ferocious wolf, I **was seized by a strong sense of horror and my palms were sweating**. (被深深地恐惧感所控制，手心出汗)
2. He turned to me, with his eyes **full of horror**.他转过身来，眼里充满了恐惧。
3. **Fear slowly creeps** upon her.恐惧慢慢地蔓延到她身上。
4. She was **struck with horror** when...她感到恐惧……
5. She was **choked by fear**.她因恐惧而窒息。
6. Her face turned pale and **stood there tongue-tied.**她脸色苍白地站在那里，舌头打结。
7. A flood of fear **welled up** in him. / Fear flooded over him.

他心中涌起一阵恐惧。 / 恐惧淹没了他。

1. Her heart beat so violently that she felt **nearly suffocated**(窒息).

她的心跳得厉害，几乎窒息而死。

1. She **shook all over**, feeling like sitting on pins and needles.

 她浑身颤抖，觉得如坐针毡。

**【拓展】表恐惧的高级词汇**

1. I said nervously, **my voice trembling a bit**.我紧张地说，我的声音有点颤抖。
2. **I was seized by a sudden impulse** (冲动)to run.
3. Fear **took hold of** me. / Panic seized us.
4. My body **tense**d as I heard...
5. I **chew**ed my lip.
6. I **tossed and turned** all night.彻夜难眠
7. ... I replied, feeling a **lump(块状物)** rise in my throat.
8. I felt that **the blood in my body cooled\froze rapidly** because of the terrible sight
9. With a **pounding** heart and cold, **moist palms**, I felt faint.
10. I froze with terror, **too scared to move an inch**.

# Part2 震惊

1. Hearing the bad news, Marry **fainted away** on the spot and **fell into unconsciousness**. (当场晕倒，陷入昏迷)

2. Hearing the bad news, Mary **froze with shock**, as if **rooted on the ground**.

(僵住了，像扎根在地上一样)

3. It is desperately sad news and I am absolutely **shattered to hear it**.

(这是极为令人悲伤的消息，我听后完全被击垮了)

1. Mother **faint**ed **away**, **with the shock of the bad news.** 坏消息带来的震惊让妈妈昏过去了。
2. The car was gone in seconds, leaving Alice **shaking her head in disbelief.** 难以置信地摇头
3. I sensed **a flash of surprise** in his eyes. 我感觉到他眼里的一丝惊讶。

# Part3愤怒(生气)

1. He **flared up at the word**. (他一听到这个字就勃然大怒)

2. His face **clouded with anger**. (他气得脸色阴沉)

3. He could **hardly/scarcely contain his rag**. (他几乎控制不住怒火)

4. He **was breathing fire and fury**. (他充满着怒火)

5. Sheldon felt so angry that he **stormed out of the room**, **slamming the door furiously behind** him. (冲出房间；狠狠摔门)

**6. Boiling with rage**, Sheldon **shook his fist at** me. (怒火中烧；挥舞拳头)

1. **Filled with fury**, Sheldon was unable to utter single word. (充满愤怒)
2. Charlie **glower**ed(怒视) when I asked him to come forward.
3. The boss **is up in arms** about the company's poor sales record in the past few months. (举起双臂，抖动两个拳头, 表示愤怒)
4. He **clench**ed his fists. 他紧握拳头. / She shook her fist at him (i.e. as an angry threatening gesture). 她向他挥动拳头.
5. My voice sounds like a **growling(咆哮)**, angry bear.
6. The reply of the man again **fueled the foolish officer’s anger(火上浇油、更加愤怒)**.
7. His friend, **whose patience had worn thin(耐心被消磨光了)**, phoned to complain.
8. My teacher’s **eyes were shining with anger**.
9. Anger **engulf**ed吞噬 him like a wild beast.
10. She could feel the anger growing, **bubbling up inside her**.如起泡一般变大
11. I **had an undercurrent resentment (对...心怀不满)**towards the new proposal.
12. She **threw** the invitation on the table **with annoyance**, murmuring...
13. Stamp one’s foot in anger 气得直跺脚
14. Run out of the room **in a burst of anger怒气冲冲**
15. **He was sweating and burning with rage.**
16. I was seized by anger.我充满了愤怒。
17. He was fuming with rage.他气得大发雷霆。
18. His anger boiled over.他的愤怒爆发了。
19. He could hardly/scarcely contain his rage.他几乎控制不住怒火。
20. He was breathing fire and fury.他充满着怒火。
21. His voice trembled with anger.他的声音因愤怒而颤抖。

28. He gave me a look of burning anger.他愤怒地看了我一眼。

29. He glared at me with burning eyes.他用灼热的目光怒视着我。

30.  He flared up at the word.他一听到这个字就勃然大怒。

31. His face clouded with anger.他气得脸色阴沉。

32. be red with anger/**rage(愤怒)**; boil with rage; be filled with **fury**(愤怒)

**【拓展】表愤怒生气的短语**

1. 引起某人的不快：arouse one’s displeasure

2. 对某人的行为感到不满：be displeased at one ’ s conduct

3. 易为琐事而恼火：be easily annoyed at trifles

4. 气得说不出话：be speechless with indignation

5. 不断地抱怨：complain constantly

6. 对某人大发脾气：rage at sb.

7. 怒火万丈：flame high

8. 气得满脸通红：flame with anger

9. 勃然大怒：fly into a rage

10. 对某人生气：get irritated at

11. 对某人勃然大怒：get mad/cross at sb.

12. 愁眉苦脸：have a worried look

13. 对抱怨不予理会：ignore/disregard a complaint

14. 对...表示不满：express/voice a complaint about

15. 怒气冲冲地跑出房间：run out of the room in a

16. 愤怒地跺脚：stamp one’s foot in anger

17. 感到尴尬的：feel embarrassed

18. 感到困惑的：feel puzzled/confused

19. 感到沮丧的：feel frustrated/depressed

20. 感到恶心的：feel disgusted/sickened

21. 感到恼怒的：feel annoyed

22. 感到愤怒的：feel irritated

23. 感到泄气的：feel discouraged

24. 充满怨恨的眼神：a resentful look

# Part4 绝望

1. Loisel returned at night with **hollow, pale face**. (空洞、苍白的脸)

2. He gave up the attempt **in despair**. (他在绝望中放弃了这种尝试)

3. She hanged herself **out of despair**. (她因绝望而上吊自尽)

4. As the result of an accident, Tony **was suddenly thrown into a world of darkness and sank into hopelessness**. (投入黑暗之中；陷入绝望)

# Part5 悲伤

1. Upon hearing the bad news, her **heart ached**, **tears streaming down her cheeks**. (心痛，眼泪直流)

2. Upon hearing the bad news, she, **numb with grief**, **had trouble speaking**.

(悲伤到失去知觉，不能开口说话)

1. Upon hearing the bad news, she felt **seized by a burst of sadness and couldn't help crying bitterly**. (被一股悲伤之感控制，忍不住哭泣)
2. Jack is overcome with **grie**f. 杰克悲痛欲绝。

**5.Grief** comes in waves. 悲伤如潮水一般涌来。

6.The last word went like a bullet(子弹) to my heart. ---伤心、扎心

7.A ripple of sadness **welled up** inside him 涌起阵阵悲伤

8.The gloom(忧郁)deepened as the result came in. 更加难过

**9.My heart seemed to be torn**.(心都要撕碎了)

10.Her eyes **are flooded with tears**.

11.Tears are rolling down from her eyes.

12.Eyes begin to water. 眼睛开始进水。

13. I **sobbed bitterly**, tasting the salt from the tears that **streamed down my face**.

14. I felt so sad that I found myself crying **unconsciously**, unable to **hold back my tears**.

15. There was clearly nothing left to do but **drop herself onto the shabby little couch and weep**.

**16. An air of sorrow and depression settled over the crowd**.

17. Her tears seemed to **grieve** (使伤心)the kindhearted others, for they immediately took out 18.their handkerchiefs and began to weep also.

19.He stood silently, tears rolling down his cheeks.他静静地站着，眼泪顺着面颊流了下来。

20. I feel like I am floating in an ocean of sadness.我漂浮在悲伤的海洋里。

21.Her hands were shaking. She was on the verge of tears.她的手在颤抖。她快要哭了。

22.Hearing the news, so desperate was he that he drowned sadness in wine.听到这个消息，他绝望地把悲伤淹没在酒里。

23.She burst into tears and ran out of the room.她突然哭了起来，跑出了房间。

24. She sobbed, hiding her face in her hands.她掩面哭泣。

25. I tried to fight back tears.  /My eyes were filled with tears.

我努力忍住眼泪。/ 我的眼里充满了泪水。

26. A frown(皱眉)now stood on his face.他皱起了眉头。

27.They sat there with glum looks on their faces.   他们坐在那里，带着一脸忧郁。

28. The news cast a cloud of gloom over his face.这消息使他脸上蒙上了一层阴影。

29.He brimmed over with sorrow when...他满是悲伤……

30. They were immersed in sorrow.他们沉浸在悲痛之中。

31.These days he was in low spirits.这些日子他情绪低落。

**【拓展】表悲伤的高级词汇**

1.强烈的失落感：a strong sense of loss

2.陷入绝望：fall into despair

3.让他很伤感：put him into a sentimental mood

4.避免陷入消极的旋涡：avoid getting sucked into a whirlpool of negativity

5.哭泣释放苦闷情绪：crying gives some emotional release

6.减轻某人的痛苦/烦恼：ease sb of his pain/trouble

7.因某人的死亡而痛心：break one’ s heart over one ’ death

8.使某人悲痛：make one’s heart bleed

9.伤心而死：die of a broken heart

10.悲痛欲绝：cry one ’ s heart out

11.怀着沉重的心情：with a heavy heart

12.沮丧的：with a sinking heart

13.忧郁的：with sorrowful heart

14.惊慌失措：be seized wilh panic

15.有点惊讶：come as something of a surprise

16.感到极度疲劳和难以招架：feel exhausted and overwhelmed

17.很可能引发一阵挫败感：be extremely likely to raise a storm of frustration

18.感到一阵悲伤：a flash of grief came upon sb.

19.情绪低落：be down in spirits

20.垂头丧气：lose one ’ s spirit

21.心里悲伤：be sad at heart

22.意志消沉：a broken spirit

# Part6 愧疚

1. She felt so ashamed that she could feel her **face burning**. (脸上滚烫)

2. So ashamed was she that she could **feel the blood rush to her face**. (血液涌上脸颊)

3. He went home **ashamed**, **chocking with anger and confusion**. (哽咽着，内心充满困惑与气愤)

4. He **was consumed with guilt** after the accident. (心中充满愧疚)

5. She was **humiliated** because **her behaved so badly/didn’t behave themselves**. (因表现得不好而愧疚)

# Part7 失望

1. Overcome with **bitter disappointment** at his failing to win a prize, he locked himself up in his room. (极度失望)

2. His **heart sank** when he heard the news that he failed to win a prize. (心一沉)

3. The news that he didn't win prize immediately **threw him into low spirits**.

(精神不振，情绪低落)

4. She **rebounded**(弹回，振作) **from disappointment**. (她从失望中振作起来)

1. He **was dismayed to learn of** their disloyalty. (他得知他们对他的不忠，感到很失望)

**6.Overcome with/by my bitter disappointment**, I refused to be comforted.

7.When I saw the pile of dirty dishes, **my heart sank**. 我看到那一堆肮脏的餐具时,感到很扫兴.

**8. in low spirits \ in an unpleasant mood 情绪低落；沮丧**

9.Feel **nauseate**d 觉得恶心

10.I feel like all my insides have been drained out and I feel empty and let down.

11. I feel sad, frustrated, angry, confused, hopeless and hurt all at the same time.

# Part8 激动

1. When the host announced that she won the prize, her **eyes twinkled with excitement**. (激动得两眼放光)

2. When the host announced that she won the prize, her **heart was thumping with excitement**. (激动得心砰砰跳)

3. When the host announced that she won the prize, **a wild excitement took hold of** her. (兴奋不能自已)

4. She **tingled with excitement**. (tingle vi.强烈地感到)

5. When you walk in, a hush falls over your soul and your body **starts to tingle**.

(当你走进去的时候，你的灵魂会突然安静下来而你的身体则开始激动不已)

**6．感动**：

① Touched deeply/immensely, we…被深深感动，我们……

② Tears filling her eyes, she offered her heartfelt gratitude.她热泪盈眶，表示衷心的感谢。

③ With tears streaming down her face, she... 泪水顺着她的脸颊流了下来，……

# Part9 高兴

1. When his mother kissed him on the cheek, it seemed as if the baby were **on top of the world**. (非常开心)

2. When the mother kissed the baby on the cheek, his **face beamed and his bright smile lit up the room**. (眉开眼笑，笑容照亮房间)

3. When the mother kissed the baby on the cheek， his eyes **danced with joy and sweetness**. (欢欣雀跃)

4. He **trod on air for** getting high mark. (他因得了高分而洋洋得意)

5. Everyone **rejoiced at** the news of his safe return. (听到他安全返回的消息，大家都欣喜万分)

1. **His eyes twinkle with pleasure** every time he remembers last winter. 每当他想起去年冬天，就喜上眉梢。

**7. Smiles are dancing in his eyes**./Her eyes danced with joy and happiness.

8. I laughed out loud**/laughed heartily** (哈哈大笑) when I saw that funny video. 当我在看有趣的录像的时候我大声笑了。

9.The crowd became **restless**(骚动), **excitement filling the room**.

10.Her smile **hit the deepest of my heart**. 她的微笑触动了我内心深处。

11.Hearing this, everybody **was wild with joy(欣喜若狂)**

12.One’s eyes **brim over with** warm excited tears热泪盈眶

13.One evening, standing **under a jeweled sky**, I found myself thankful for all the hardships.

14.Bathed in sunshine, we all cheered and jumped with joy.

**15.Tears of happiness poured down** Susan’s cheeks.

16.I **felt the warmth surging through** me.

17.I think he’d **mighty(及其)** happy that ...

18.Eyes light up. 精神振奋、高兴

19.I **beamed at**(对...微笑) him, “Welcome back,...”

【拓展1】高级词汇

1. 难以形容地开心：indescribably wild joy

2. 极为感动：be overwhelmingly moved

3. 几乎无法掩饰他的兴奋的心情：can hardly conceal his excitement

4. 既兴奋又开心：a mixture of excitement and delight

5. 激发某人的激情：kindle sb. with/to passion

6. 显示出极大的意愿：show a greater readiness

7. 被强烈地吸引：be powerfully attracted to

8. 心情愉快：in cheerful spirits

9. 振作精神：keep up one’s spirits

10. 满意的表情：a satisfied look

11. 对...感到满意：be content with

12. 对...很高兴：be delighted at

13. 为成功而欣喜：be excited with joy at the success

14. 被...场面所吸引：be fascinated by the spectacle of

15. 被她的美貌所吸引：be fascinated with her beauty

16. 因...而高兴：be joyful over/about

17. 喜爱，对...着迷: be keen on

18. 快乐至极：be overwhelmed with

19. 高兴地跳起来：dance/jump for joy

20. 欣喜若狂：be wild with delight

21. —个令人鼓舞的表情：an encouraging expression

22. 过一个愉快的假日：have a pleasant holiday

23. 心满意足，非常幸福：on the top of the world

24. 对...感到非常高兴：overjoyed at/to do

25. 流下幸福的泪水：tears of happiness flowing down

26. 乐得大叫：yell with delight

27. 使某人心情愉快：brighten sb’s heart

28. 使某人安心：set one ’ s heart at rest

29. 感到鼓舞的：feel inspired/encouraged

30. 精神高涨：be in high spirits

【拓展2】

1. tread [ tred ](treading， trod， trodden， treads)

vi.(literary) If you tread in particular way you walk that way. 行走

e.g. She trod casually, enjoying the touch of the damp grass on her feet.

她随意行走，享受着脚底接触着湿草的感觉.

2. rejoice [ rɪˈdʒɔɪs ] (＋at/in/over)

vt. ＆ vi.( formal) to feel or show great happiness about something 非常高兴；深感欣喜；充满喜悦

e.g. Everyone rejoiced at the news of his safe return.

听到他安全返回的消息，大家都欣喜万分。

She rejoiced in her good fortune.

她为自己的好运高兴不已。

【拓展3】

① The smile on her face shone like a diamond.她脸上的笑容像钻石一样闪闪发光。

② A smile of understanding flashed across his face.他脸上露出了一种理解的微笑。

③ A ripple of excitement ran through them.一阵激动声穿过他们。

④ Laughter lingered around the room.笑声在房间里萦绕。

⑤ His eyes twinkled with pleasure.他的眼睛闪烁着快乐。

⑥ A wild gaiety(快乐) took hold of her.一种疯狂的快乐控制了她。

⑦ Unforgettable were her eyes that shone like diamonds and lips held in a steady

smile.令人难忘的是她的眼睛像钻石一样闪闪发光，嘴角保持着稳定的微笑。

⑧  I was wild with joy.我欣喜若狂。

⑨  I was pleased beyond description.我高兴得难以形容。

⑩  She wore a shining smile on her face.她脸上带着灿烂的笑容。

⑪ Her smile lit up the whole room.她的笑容照亮了整个房间。

⑫ She shed tears of joy.她高兴得流下了眼泪。

⑬ Her eyes were sparkling like diamonds.她的眼睛闪着钻石般的光芒。

⑭ She was overflowing with happiness.她洋溢着幸福。

⑮ Her flushed face was shining with excitement.她激动得满脸通红。

⑯  Joy welled up inside her.她心中涌起喜悦。

⑰  I was floating on air.我漂浮在空中。

⑱  Amusement gleamed in his eyes.他眼睛流露出愉快的神情。

# Part 10 其他

**(一)Hesitate (犹豫)**

Then she asked, **hesitating, filled with anxious doubt.**

**(二)Lonely(孤单)**

1. I **feel abandoned by the world 被全世界抛弃。**
2. New fathers often **feel left out** when baby arrives.
3. He **felt a strong sense of loss** after his divorce.
4. I **ended up feeling completely lost and abandoned**.
5. We all have moments of desperation.我们都有沮丧的时候。
6. Ever since I lost him, I have **been faced with** **a deep sense of loss(失落感)**--a feeling which **is difficult for me to describe in words(难以用语言描述)**.

**(三)Ashamed(羞愧)**

1. My throat was dry and **my face was burning up**.
2. So ashamed was I that I could **feel my face burning/the blood rush to my face**.
3. I **dropped my eyes**.

**(三)Jealous 嫉妒**

1. This sense gives me a headache and makes me jump **from envy to severe hate(从嫉妒发展到极度憎恨)**.
2. I feel like I am a big, green, grouchy (不高兴的；不满的)monster.

**(四)Regret遗憾**

1. **Driven by a sense of regret(受到遗憾的驱使)** he decided to ...

**(五)Tired疲劳**

1. She had been tired enough to sleep **deeply and profoundly深深地**--too deeply and soundly to be disturbed by anything.

**(六)curious 好奇**

1. **Burning with curiosity**, she ran across the field after it.

**(七)其他情绪**

1.激发兴趣：find...highly stimulating

2.宽容的精神：a forgiving spirit

3.以和蔼可亲的态度：with a kindly and good-humored spirit

4.他一点也不感兴趣：not in the least is he interested in …

5.混合着焦虑与希望的情绪：mixed with the emotion of anxiety and hope

6.引起强烈的情感：set off strong feelings in the hearts of…

7.对...彻底上瘾：be hopelessly addicted to

8.Never get **conceit**ed(骄傲自满的) because of victory or lose heart in case of failure. 胜不骄、败不馁

9.A unique sense of accomplishment **arise**s. **产生**了一种独特的成就感

10.The police wrote a ticket with **a tricky smile(狡黠的微笑)**.

11.I feel soft and gentle and caring and my heart feels really warm.

12.I feel like there are hundreds of butterflies dancing in my heart. (感觉到爱)

13.The actor playing the father was too wooden.饰演父亲的演员太呆板。

14.under the domination of these emotions在这些情绪的控制下

15.I've just been to the dentist and my face is still numb.我刚刚去看了牙医，脸上现在还没知觉呢。

16.Steve looked blank and said he had no idea what I was talking about.

史蒂夫显得很迷惑，说他不知道我在说什么。

17.She passed by with only a distant nod. 她冷漠的点了一下头就过去了。

18.Holly smiled distantly.霍利恍惚地笑了笑。

# 第二部分 实战检测篇

1. **表感到害怕 frightened**

当看到那只凶恶的狼时，我感到很害怕。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

 1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.At the sight of the ferocious wolf, I felt very scared.

2. 1)At the sight of the ferocious wolf, I felt so scared that **my throat tightened and my knees felt weak.**(嗓子发紧，膝盖发软)

2)At the sight of the ferocious wolf, I***froze with terror, too scared to move an inch***.(吓呆了，不敢动弹)

3)At the sight of the ferocious wolf, I ***was seized by a strong sense of horror and my palms were sweating.*** (被深深地恐惧感所控制，手心出汗)

## 表感到兴奋 thrilled

当主持人宣布她获奖时，她兴奋极了。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.When the host announced that she won the prize, she felt thrilled.

2. 1) When the host announced that she won the prize,**her eyes twinkled with excitement.**

2) When the host announced that she won the prize,**her heart was thumping with excitement.** (激动得心砰砰跳)

3) When the host announced that she won the prize,**a wide excitement took hold of her.**(兴奋不能自已)

## 表感到悲伤 sad

一听到那个坏消息，她悲伤不已。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

 1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Upon hearing the bad news, she felt extremely sad.

2. 1)Upon hearing the bad news,**her heart ached, tears streaming down her cheeks.** (心痛，眼泪直流)

2)Upon hearing the bad news, she,***numb with grief, had trouble speaking.*** (悲伤到失去知觉，不能开口说话)

3)Upon hearing the bad news, she***felt seized by a burst of sadness and couldn’t help crying bitterly.***(被一股悲伤之感控制，忍不住哭泣)

## 表感到开心 happy

当妈妈亲吻他时，小baby开心极了。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1.When his mother kissed him on the cheek, the baby was happy/delighted/full of joy.

2.1) When his mother kissed him on the cheek, it seemed as if the baby**were on top of the world.**(非常开心)

  2) When the mother kissed the baby on the cheek,**his face beamed and his bright smile lit up the room.**(眉开眼笑；笑容照亮房间)

  3) When the mother kissed the baby on the cheek,**his eyes danced with joy and sweetness.**(欢欣雀跃)

## 表ashamed

她感到非常羞愧。

1、大家可以先尝试用概括描述，先将意思表达清楚。

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2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

1)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

She felt ashamed.

1) She felt so ashamed that she could **feel her face burning**.(脸上滚烫)

2) So ashamed was she that she could **feel the blood rush to her face**. (血液涌上脸颊)

3) So ashamed did she feel that she**was close to tears**. (快哭了)

## 表感到生气angry

Sheldon感到非常生气。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Sheldon felt very angry.

1) Sheldon felt so angry that he**stormed out of the room, slamming the door furiously behind him**. (冲出房间；狠狠摔门)

2)**Boiling with rage**, Sheldon**shook his fist at me**.(怒火中烧；挥舞拳头)

3)**Filled with fury**, Sheldon was **unable to utter a single word**. (充满愤怒；说不出话)

## 表感到绝望hopeless

Tony感到很绝望。

1、大家可以先尝试用概括描述，先将意思表达清楚。

    \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2、请你在此概括描述的基础上增加细节描述，注意逻辑关系以及语意的合理。

1) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tony felt hopeless/desperate.

1. As the result of an accident, Tony **was suddenly thrown into** a world of darkness and **sank into hopelessness**. (被投入黑暗之中；陷入绝望)

2) Tony**felt left out**and was getting desperate with loneliness. (感觉被遗忘、忽视)  
3) Tony's beliefs in looking forward and seeing the positive in everything**deserted** him.

## 描写walk

1. 踉踉跄跄  The player lost his balance,**staggered back** and**toppled over**. 这个运动员失去了平衡，向后趔趄摔倒了。
2. 悄悄地走 She**slipped** out of bed and**tiptoed** to the window. 她溜下床，踮起脚尖走向窗户。
3. 猛冲 The minion**made a rush for the door** and escaped from the scene. 小黄人向门冲去，逃离了现场。

## 描写talk

1、说长道短；八卦 The whole company is **gossiping about**the reason for his dismissal. 整个公司都在谈论他被免职的原因。

2、小声咕哝 He **murmured against**the strict rules of the reality show. 他私下低声抱怨真人秀的严苛规则。

3、嚎叫 Treated so unfairly, she **howled in pain and anger**. 被如此不公正地对待，她痛苦而又愤怒的嚎叫。

## 10. 描写think

1. 得知问题所在之后，他的大脑开始急速运转，想要想出一个好的解决方案。

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2. 独自一人时，他总是会想到那可怕的经历。

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3. 在他洗澡时，突然想到了一个好主意。

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. After he knew what the problem was, **his mind began to race**, trying to think of a good solution. (大脑飞速运转)

2. When left alone, he would always **be haunted by** that horrible experience. ([不好的回忆]萦绕心头挥之不去)

3. When he was taking a shower, a brilliant idea suddenly **crossed his mind**

. (突然闪过某人的脑海)

## 11. describe a peaceful scene

1. 享受阳光  When I **was bathed in** the sunlight, it felt like **the amber-like sunshine was kissing every inch of my skin**. (沐浴在阳光下；琥珀色的阳光亲吻着全身的肌肤)

2. 山间有小屋和田地 Mist-covered mountains **were dotted with** small farms and villages. (点缀着)  
3. 入暮时分，芦苇随风飘扬The sound of my footsteps was accompanied only by**the gracefully waving reeds**.  (优雅地随风飘扬的芦苇)

## 12. describe stormy weather

1. 乌云密布 The sky is**overcast**,**darkened with gloomy clouds**.(乌云密布；黑云压顶)

1. 劲风恶浪肆虐 On that dark and stormy night, **the waves were crashing and the winds were howling**. (海浪肆意拍打；劲风咆哮)
2. 暴雨疾风  The rain**came pouring down**, the streams rose, and the winds blew and**beat against**the house. (暴风骤雨)